

Agenda Prematurity Summit
Friday, June 13, 2008
Concord, NH

Goal: To address smoking as a risk factor for premature birth and infant mortality through evidence based strategies for treating tobacco use and dependence. The target audience is nurses, midlevel providers, and physicians who care for women of childbearing age.

- 8:30-9:00 **Registration & Continental Breakfast**
- 9:00-9:15 **Welcome**
- 9:15 – 10:30 **How to Help Your Patients Stop Smoking**
Rick Pollak, MD, MPH, Family Physician
- 10:30-10:45 Break
- 10:30 - 11:45 Trends in Smoking Among Pregnant Women and Women of Childbearing Age in NH
David Laflamme PhD, MPH, MCH Epidemiologist
- 11:45 – 12:30 **Try-To-STOP TOBACCO Resource Center Overview – 4 Interconnected Services**
Janet Van Ness, MSPH, Director of Try- to- Stop Tobacco Resource Center
1. **The New Hampshire Smokers' Helpline** is a toll-free helpline offering information on tobacco along with free telephone-based tobacco treatment counseling.
 2. **The Resource Center of NH** offers tobacco education materials to NH residents, clinicians and organizations around the state.
 3. **TRYTOSTOP.ORG** provides tobacco information, quit-smoking assistance, and related links.
 4. **QuitWorks-NH** is a collaborative effort that offers telephone-based tobacco treatment to patients who are referred by their health care providers, linking them to the full range of the state's tobacco treatment services.
- 12:30 – 1:15 LUNCH by Pasquale's Ristorante
- 1:15 – 2:15 **Break Out Sessions**
- Session #1 Pharmacology**
Jenny Fradette, Pharm. D.
- Session #2 Motivational Interviewing & Health Behavior Theory**
Lisa Stockwell, BA
- 2:15 – 3:15 **Hospital Systems for Treating Tobacco Dependence Among Inpatients**
Rebecca Hitchcock, RN, NP Tobacco treatment Specialist, Maine Medical Center
- 3:15 – 3:30 Closing and Evaluations
- 3:30-4:30 **Optional: Grant Writing Workshop for the March of Dimes RFP**
Carlene Ferrier, RN, MPH and Donna Fleming, BS